

Crew Rest

GMT	Crew	Activity
06:00–06:10		Morning inspection
06:10–06:40		Post-sleep
06:40–07:30		BREAKFAST
07:30–08:10	CDR	Maintenance of ???
08:10–08:15		Inspection of ???-1 separator
08:10–08:25	FE-1	Payload status check
08:15–08:25	FE-2	Setup for PAO event
08:15–08:20	CDR	Calldown of ??? data (S-band)
08:20–08:25		Calldown of ?? counter (??? usage) data (S-band)
08:25–08:32		Prep for PAO event
08:32–08:52		TV PAO event (Ku+S-band)
09:00–10:00	CDR	Physical exercise (TVIS-3)
09:20–10:50	FE-1	Physical exercise (RED)
09:50–10:50	FE-2	Physical exercise (TVIS)
10:50–12:20		Physical exercise (RED)
10:50–11:50	FE-1	Physical exercise (TVIS)
12:20–13:20		LUNCH
15:10–15:25	FE-1	Private psych support conference (S-band)
15:30–17:00	CDR	Physical exercise (cycle+IRED day 3)
16:10–16:25	FE-1	Private family conference (S-band)
16:45–17:00	FE-2	Private psych support conference (S-band)
18:10–18:40		Daily plan review
18:40–18:55		Daily planning conference (S-band)
18:55–19:30		Prep for work
19:30–20:00		DINNER
20:00–20:30		Daily food prep
20:30–21:30		Pre-sleep
21:30–06:00		SLEEP

NOTES:

1. See OSTP for references to US activities
2. Task List activities: HDTV, URAGAN, DIATOMEA

End of radiogram